

Did You Know That Vision Is More Than 20/20?

When Nikolai went to the eye doctor he learned that vision is more than 20/20!

He told his friends what he had learned.



- My eyes and my brain have to work together to see 3D. (*Otherwise I don't see space between objects.*)
- My eyes and my brain have to work together to make objects clear, up close and in the distance. (*Otherwise I have a difficult time seeing well anywhere.*)
- My eyes and my brain have to work together to read. (*Otherwise the words move around on the page or squish together.*)
- My eyes and my brain have to work together to remember what I read and understand it. (*Otherwise I have trouble comprehending what I read.*)

- My brain and my eyes have to work together to pay attention. *(Otherwise I am wiggly in my seat or daydreaming.)*
- My eyes and my brain have to work together to write down what I see. *(Otherwise I can't get what I see or read about on paper.)*
- My eyes and my brain have to work together to reach out and grab objects. *(Otherwise I have trouble grasping things.)*
- My eyes and my brain have to work together to hold a pencil, color or cut with scissors. *(Otherwise I am clumsy with my tools.)*
- My eyes and my brain have to work together to catch and throw a ball. *(Otherwise I miss when catching and throwing or I am afraid of the ball.)*
- My eyes and my brain have to work together to balance on a bicycle or roller skates.
(Otherwise I may veer or fall down a lot.)
- My eyes and my brain have to work together to run and jump and play. *(Otherwise I am clumsy, awkward, and hurt myself.)*

Good Vision Is Very Important To A Happier Me!



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